

---

## BIBLIOGRAFIA

- 
- <sup>1</sup> Le caratteristiche polisonnografiche del sonno. In [www.cognitiveneuroscience.it/sonno%20caratteristiche%20e%20ricerca.htm](http://www.cognitiveneuroscience.it/sonno%20caratteristiche%20e%20ricerca.htm) (u.c. 31/07/2008)
- <sup>2</sup> La struttura del sonno. In [www.neuropsicologia.it/content/view/173/55/](http://www.neuropsicologia.it/content/view/173/55/) (u.c. 1/08/2008)
- <sup>3</sup> Il sonno. In [www.scienzagiovane.unibo.it/sonno.html](http://www.scienzagiovane.unibo.it/sonno.html) (u.c. 25/05/2008)
- <sup>4</sup> Veglia - sonno - sogno. In [www.neurolinguistic.com/proxima/james/jam-21.html](http://www.neurolinguistic.com/proxima/james/jam-21.html) (u.c. 31/07/2008)
- <sup>5</sup> Fisiologia del sonno e disturbi correlati. In [www.asl16.sanitacn.it/Seminari/Medicina\\_Generale/Fisiologiadelsonnoedisturbi correlati.doc](http://www.asl16.sanitacn.it/Seminari/Medicina_Generale/Fisiologiadelsonnoedisturbi correlati.doc) (u.c. 31/07/2008)
- <sup>6</sup> Craven R, Hirnle C. Principi fondamentali dell'assistenza infermieristica. Milano: Casa editrice Ambrosiana, 2007.
- <sup>7</sup> Rechtschaffen A, Kales A. A manual of standardized terminology: techniques and scoring stages of human subjects. UCLA brain information service/ brain research institute, Los Angeles: 1968.
- <sup>8</sup> Marriner A. I teorici dell'infermieristica e loro teorie. Milano: Casa editrice Ambrosiana, 1989.
- <sup>9</sup> Manara DF. Verso una teoria dei bisogni dell'assistenza infermieristica. Milano: Lauri edizioni, 2000.
- <sup>10</sup> Ibidem

---

<sup>11</sup> Carpenito LJ. Diagnosi infermieristiche. Applicazione alla pratica clinica. Milano: Casa editrice Ambrosiana, 2001.

<sup>12</sup> Tamburri LM, DiBrienza R, Zozula R, *et al*: Nocturnal care interactions with patients in Critical Care Units. American Journal of Critical Care 2004; 13:102-113.

<sup>13</sup> Giusti GD, Piergentili F, Sansolino S. "Sonno/veglia" in terapia intensiva: definizione del problema, problematiche assistenziali, implicazione per il paziente. Scenario 2006; 23 (3): 6-12.

<sup>14</sup> Friese R.S. Sleep and recovery from critical illness and injury: a review of theory, current practice and future directions. Critical Care Medicine 2008; 36:697-705.

<sup>15</sup> Friese RS, Diaz-Arrastia R, *et al*. Quantity and quality of sleep in the surgical Intensive Care Unit: are our patients sleeping? The Journal of Trauma, Injury, Infection, and Critical Care 2007; 63:1210-1214.

<sup>16</sup> Mistraletti G, Carloni E, Cigada M, *et al*. Sleep and delirium in the Intensive Care Unit. Minerva Anestesiologica 2008; 74: 329-333.

<sup>17</sup> Closs SJ, Reid I Commentary on Çelik S, Öztekin D, Akyolcu N and İşsever H: Sleep disturbance: the patient care activities applied at the night shift in the intensive care unit. Journal of Clinical Nursing 2005; 14: 102-106. Journal of Clinical Nursing, 2006; 15:365-367.

<sup>18</sup> Çelik S, Öztekin D, Akyolcu N and İşsever H. Sleep disturbance: the patient care activities applied at the night shift in the intensive care unit. Journal of Clinical Nursing 2005; 14: 102-106.

- 
- <sup>19</sup> Krachman S.L., Criner G.J., D'Alonzo G.E.: Sleep in the Intensive Care Unit. *Chest* 1995; 107: 1713-1720.
- <sup>20</sup> Cmiel C.A., Karr D.M., Gasser D.M., Oliphant L.M., Neveau A.J.: Noise control: a nursing team's approach to sleep promotion. *American Journal Nursing* 2004; 104 (2):40-48.
- <sup>21</sup> Stanchina M.L., Abu-Hijleh M., Chaudhry B.K., Carlisle C.C., Millman R.P.: The influence of white noise on sleep in subjects exposed to ICU noise. *Sleep Medicine* 2005; 6:423-428.
- <sup>22</sup> Freedman NS, Kotzer N, Schwab RJ. Patient perception of sleep quality and etiology of sleep disruption in the Intensive Care Unit. *American Journal Respiratory and Critical Care Medicine* 1999; 159: 1155-1162.
- <sup>23</sup> Honkus VL. Sleep deprivation in Critical Care Units. *Critical Care Nursing Quarterly* 2003; 26 (3):179-189.
- <sup>24</sup> BaHammam A. Sleep in acute care units. *Sleep Breath* 2006; 10:6-15.
- <sup>25</sup> Parthasarathy S, Tobin JT. Sleep in the intensive care unit. *Intensive Care Medicine* 2004; 30: 197-206.
- <sup>26</sup> Freedman NS, Gazendam J, Levan L, *et al.* Abnormal sleep/wake cycles and the effect of environmental noise on sleep disruption in the intensive care unit. *American Journal Respiratory and Critical Care Medicine* 2001; 163:451-457.
- <sup>27</sup> Opera già citata: 12
- <sup>28</sup> Stasi L. Il focus group come tecnica di valutazione. Pregi, difetti, potenzialità. *Rassegna italiana di valutazione* 2000. (20).
- <sup>29</sup> Baldry AC: Focus group in azione. Roma: Casa editrice Carocci Faber, 2005.